



Alpha Kappa Alpha Sorority, Inc.  
Rho Theta Omega Chapter  
Presents:

# Container Gardening

An easy way to start your own vegetable  
garden using containers!



Gardening is an empowering and fun way to practice self care, learn more about how food is grown, and develop a useful skill for yourself and your family!



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We have selected a bush variety of string beans. It is perfect for container gardening because it does not require a trellis to climb. It will literally grow like a small bush! When the plant matures, you lift up the leaves to find beautiful, long string beans!



Bush variety string beans



Soak 1 or 2 beans overnight in about an inch of water to prepare for planting.



Gather all of your supplies. You will start with a small starter pot. Once your seedling grows, you will need to transfer it to a larger pot.

Make sure that your pot has drainage holes on the bottom. If not, poke holes in the bottom. Your plant will need proper drainage to avoid root rot.



Fill your pot with Potting Soil for containers.

This type of soil is specially mixed to encourage proper drainage and usually also contains fertilizer.



Scoop about half of a pot of soil into the pot. Make a small indentation in the soil to place your seed.





Place your seed in  
the indentation.





Cover your seed with about 2 inches of potting soil. Do not pack the soil too tightly. Air in the soil is helpful to your plant!



Lightly water your plant. Only water when you stick your finger in the soil and it is dry all of the way to your middle knuckle. Water lightly to moisten but not soak the soil. Make sure you have a drainage pan under your pot!

Place the pot in a sunny place in your home where it will receive about 6 hours of light.



You may place it outside after the last frost has passed. Expected date for this year is about April 1st but watch the weather to be sure!



Eventually, you will have to transfer your seedling ( baby plant) to a larger pot to give it room to grow or you can start in a larger pot instead of a small starter pot!



When your seedling looks like this, gently transfer it into a larger pot such as the one below. Continue to give it gentle TLC and watch it grow! You should expect to have your first harvest within 60 - 65 days!





There are MANY veggies that may be grown in containers. The most important thing to do is have fun, trust the process and enjoy the delicious food that you grow!

